



## Contact Lens Exam Fees

The Contact Lens Exam is not the same as the Routine Eye Exam. Contact lenses are considered an elective procedure because it is not considered a necessity. The Contact Lens Exam is typically not covered by your benefits; however, the insurance may give a small discount depending on your plan.

The U&C Contact Lens Exam fees range from \$85-\$395. The reason for the range and that it cannot be predicted prior to the exam is because it depends on your prescription and your visual needs for the contact lenses. Once the doctor reaches your prescription, the contact lens fee can be determined. The doctor will be more than happy to discuss your fee prior to the fitting if asked by the patient.

The Contact Lens Exam includes contact lens follow-ups if necessary. The typical time frame for a follow up is thirty days but can vary depending on your insurance's plan benefit description. It is necessary to receive the contact lens exam every 12 months to renew your contact lens prescription.

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Signature

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Date

## New Teach or New to Contact Lenses

We want all new contact lens wearers to be successful! To have success with contact lenses, it is very important that every new contact lens wearer get *training* from our staff with the proper insertion and removal techniques. We are more than happy to offer training as many times until the process is complete. If frustration sets in we may suggest to come back another day so that success can be achieved.

We always hope to have the trial pair of contacts in stock on the day of your exam. If we do not, we will order trials for you and schedule an additional appointment for the training session once the trial is in office.

We require a *follow up* within 1-2 weeks (with the contact lenses on the eye) so we can reassess the contact lenses and fix any issues if necessary.

We will be more than happy to finalize, order boxes, and release the contact lens prescription once the patient can insert and remove properly, come in for a contact lens follow up, and the patient is happy with comfort and vision.

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Signature

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Date

## **New to Monovision/Bifocal contact lenses**

This can be a very rewarding experience but it does take some adjustment. With both types of fitting (monovision or bifocal) you will give up some of your distance and some of your near vision. It is not the same as distance only contact lenses with reading glasses. Most of your day you will be happy but there are times that it can be frustrating. Just remember the good is that you don't have to pull out the reading glasses all of the time.

Your night time vision, small print, and depth perception are most noted.

## **Astigmatism Contact Lenses**

Astigmatism is how one focuses. It can cause blurry vision, headaches, fatigue, tired eyes, and stress on the eyes. When it is corrected with the contact lens it can cause a fluctuation in your vision. A contact lens moves slightly on the eye and when an astigmatism moves it can cause this fluctuation.

You will not experience this with glasses as glasses do not move on your face. The more astigmatism you have the more you may notice the fluctuation. The hope is that you will not notice this issue but it can happen.